



**Whole Life Community Development Corporation  
We 'R Family Youth Summer Program  
4507 Frederick Avenue  
Baltimore, MD 21229-4148**

Phone: (443) 982-1669  
Email: [info@wholelifecdc.org](mailto:info@wholelifecdc.org)

Fax (443) 927-9195  
website: [www.wholelifecdc.org](http://www.wholelifecdc.org)

---

The We 'R Family Summer Program looks to plant seeds of hope in our youth who will take the torch and continue to run the race of life. They are our future, we want them ALL to be winners. The students must take each of the classes offered and must attend all seminars. Classes will be held Mon – Fri and began 9 a.m. – 3 p.m. All students must be on time each day. We offer conflict resolution, breaking bad habits, Assertiveness & Self-Confidence, Career Building classes, Gang Prevention, Healthy Living seminars, and much more. Each class has a “Take Home Project” assignment that must be completed before proceeding to the next stage, all youths must complete an entrance survey. Student’s growth in our program will be tracked by the point system.

### **Informational Meeting**

Before beginning the program all parents must sign a program waiver and understand details of the program. At least one parent/guardian must attend the informational meeting before a child can participate. If Child is ordered by court or referred by service outside this program, parent/guardian must have all referral papers in order.

### **Learning Objectives:**

Students will learn the importance of self-discovery which will lead them to become stable and productive youth. Students will learn how to build a great life and wonderful career for their future. Students will also receive the resources needed to build strong personal foundations by learning details of the program including completing an entrance survey.

### **Lesson Plan:**

Each time a class gets together, the class begins with the “Exercise Plan” (Who are you right now)? And end with the “Exercise Plan” (Who do you want to be in your future)? In the initial class children will be introduced to our program, the Point System, details the take home projects, and Program rules.

### **Our Purpose**

**We “R Family** was formed to serve our youth by providing knowledge, resources training, programs, services and guidance with the ultimate mission of equipping youth with the tools to succeed in life.

### **Our Goal**

**We “R Family strives to:**

- Help youth find and fulfill their true purpose in life.
- Plant seeds in our youth and teach them to be responsible stewards in their lives and communities. This is accomplished through providing instructional seminars and classes such as conflict resolution, breaking bad habits, assertiveness & self-confidence, career building classes, gang prevention, healthy living seminars, and much more.
- Help youth to build good, strong relationships within their families, friends, schools/campuses, work place, and communities, understand and manage anger while supporting them through one-on-one mentorship and communication with certified instructors, and much more.

**Summer School Started Date: July 1, 2013 Time 9am-4pm**

**Classes Schedule**

**Mon**

- **Conflict Resolution 9 a.m. - 10 a.m.**
- **Breaking Bad Habits 10a.m.-11a.m.**
- **Me, myself, and I Time 11a.m. - 12p.m.**
- **Lunch 12p.m- 1p.m.**
- **Assertiveness & Self –Confidence 1p.m.-2p.m.**
- **Career Building 2p.m. – 3pm**

**Tues**

- **Conflict Resolution 9 a.m. - 10 a.m.**
- **Breaking Bad Habits 10a.m.-11a.m.**
- **Me, myself, and I Time 11a.m. - 12p.m.**
- **Lunch 12p.m- 1p.m.**
- **Assertiveness & Self –Confidence 1p.m.-2p.m.**
- **Career Building 2p.m. – 3pm**

**Wed**

- **Conflict Resolution 9 a.m. - 10 a.m.**
- **Breaking Bad Habits 10a.m.-11a.m.**
- **Seminar Day 11a.m.-12p.m.**
- **Lunch 12p.m- 1p.m.**
- **Assertiveness & Self –Confidence 1p.m.-2p.m.**
- **Career Building 2p.m. – 3p.m.**

**Thurs**

- **Conflict Resolution 9 a.m. - 10 a.m.**
- **Breaking Bad Habits 10a.m.-11a.m**
- **Assertiveness & Self –Confidence 11a.m.-12p.m.**
- **Half a Day+++++++ Half a day+++++++**

**Fri**

- **Conflict Resolution 9 a.m. - 10 a.m.**
- **Breaking Bad Habits 10a.m.-11a.m**
- **Me, myself, and I Time 11a.m. - 12p.m.**
- **Lunch 12p.m- 1p.m.**
- **Assertiveness & Self –Confidence 1p.m.-2p.m.**
- **Career Building 2p.m. – 3p.m.**