



Whole Life Community Development Corporation
Father Hood 101
4507 Frederick Avenue
Baltimore, MD 21229-4148

Phone: (443) 982-1669
Email: info@wholelifecdc.org

Fax: (443) 927-9195
Website: www.wholelifecdc.org

FATHERHOOD 101 PROGRAMS

Greetings Fathers,

The Fatherhood 101 program deals with fathers that are absent from the child/children's home. We need you as fathers to understand that you play a critical role in the development of your child/children. However, the role of fathers in the modern American family has changed over the last several years. What has not changed is a child's need for his or her father's love and support. Findings by the [Pew Research Center](#) show that more than 25 percent of fathers with children under the age of 18 live apart from their children.

WLCD encourages all fathers to take a closer look at just how involved you are in your child's life and development. Being a parent is not an easy role, especially with the added pressures of today's economy and increased job responsibilities. This contributes to many fathers struggling with finding enough hours in the day to spend quality time with their children.

Even the research agrees: Pew found that 63 percent of fathers believe being a father is harder today than it was a generation ago. We understand that there may be many reasons why a father is not in the home or involved in the child's life, such as the child may be in foster care, under child protective services, or dealing with parental rejection/parental interference by the mother or assigned caregiver. Now let's be real fathers, there is not one real reason to keep you from being a part of your child/children's life. The only person that can legally stop you from being a part of your child/children's life is you. You must first have a "want to."

Along with your "want to", the Fatherhood 101 program will line up beside you, giving you the support and help that's needed for you to become the involved father your child/children need and deserve. Children need fathers who love and care for them on a consistent basis. Fatherhood 101 promises you this, taking a few minutes of your day to be a part of your child's life will be the best investment you'll ever make. Here's why: according to [Head Start](#), children with actively involved fathers in their lives have higher self-esteem; are more likely to succeed in school; are less likely to engage in early sexual activity; are less likely to commit suicide; and are less likely to get in trouble with the law, both as a child and later as an adult.

Fathers provide a positive male role model for their children through their guidance, instructive discipline and, most importantly, in teaching their children the essential skills they will need throughout their lives. Fathers, your children need you! Make a commitment to be an active father. Your children will greatly benefit from your involvement in their lives.

Competency:

Fatherhood101 is a three week work shop for father that's not in the home with their child/children. You may be out of their home, but that doesn't mean you have to be out of their life.

The Fatherhood 101 program is familiar with models of effective parenting and will teach parenting strategies to fathers by explaining and demonstrating parenting techniques through parenting classes, will support fathers in trying new strategies in dealing with parental interference & conflict by mothers /caregivers, we offer GED classes, job interview techniques, resume preparation and writing, job assistance program, one-on-one

counseling, classes on father's rights, deals with court & child support, training on how to gain back your child's trust, refer fathers to formal training classes or groups that are needed and more.

Learning Objectives:

Participants will learn how to:

- NEVER GIVE UP!!!
- Recognize the need and importance of the child's growth and development
- Build a strong, trusting and loving relationship with child
- Become the row model that the
- Identify and provide a secure and safe environment for the child and self
- Choose The Right Approach when deal with conflict from child mother/care giver.
- Obtain their GED
- Prepare resume, handle job interview, and secure a job

Length of Workshop:

This work shop will last at least three week and 2an a half hours.

The Participants will be in class Mon-Wed- Fri

Time of workshop will start at 10am until 12:30pm